

# Upkeep Checklist



## Daily

- ◇ Dishes
- ◇ Trash
- ◇ Sort Mail
- ◇ Make beds
- ◇ Wipe down countertops
- ◇ Pick up clutter
- ◇ One load of laundry
- ◇ -----

## Monthly

- ◇ Deep clean oven
- ◇ Clean inside of fridge
- ◇ Dust ceiling fans
- ◇ Wash windows
- ◇ Pick up garage
- ◇ Dust air vents
- ◇ Clean light fixtures
- ◇ Vacuum inside furniture

**Mon**  
KITCHEN

- CLEAN KITCHEN TABLE
- WIPE DOWN SINK AND COUNTER
- VACUUM
- WIPE DOWN APPLIANCES

**Tues**  
LIV ROOM

- PICK UP CLUTTER
- DUST SURFACES
- VACUUM AND/OR MOP
- WASH BLANKETS

**Wed**  
BED ROOM

- PUT AWAY CLOTHES/ PICK UP CLUTTER
- DUST SURFACES
- WASH BEDDING
- VACUUM AND/OR MOP

**Thurs**  
BATHROOM

- SANATIZE TOILET
- VACUUM AND/OR MOP
- WASH SHOWER, SINK AND MIRRORS
- WASH TOWELS AND MATS

**Fri**  
DINING

- CLEAN OFF TABLE
- VACUUM AND/OR MOP
- DUST SURFACES
- PICK UP CLUTTER

**Sat**  
ENTRY

- SANATIZE DOOR KNOBS
- DUST SURFACES
- VACUUM AND/OR MOP
- PUT AWAY SHOES/COATS/HATS

**Sun**  
GROCERY

- CLEAN OUT FRIDGE
- MEAL PLAN
- GROCERY SHOP AND FILL GAS TANK
- MEAL PREP/ PREP FOR WEEK